# Personality, Authenticity, Risk-taking, and Quality of Life in Adaptive DBS Trial Participants

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**Risk-taking** 

## BACKGROUND

- There has been substantial debate in the neuroethics literature surrounding the extent to which deep brain stimulation (DBS) impacts personality and identity.
- However, there are few empirical data that can speak to these claims, and the scarce empirical research that has been conducted on these topics has yielded mixed findings.
- The current study systematically examined changes in dimensions of the self that are commonly discussed in the neuroethics literature: personality, authenticity, and risk-taking. We also examined changes in quality of life to gain insight into how DBS, as well as any reported changes to personality and self may influence overall life satisfaction.

### **METHOD**

#### **Participants**

Participants (n=19) were recruited from five aDBS trials inclusive of several diagnoses (i.e., dystonia, Tourette's syndrome, essential tremor, obsessive-compulsive disorder, and Parkinson's disease)

Table 1. Demographic Information

| Gender    | Male: 11 (58%)<br>Female: 8 (42%)  |
|-----------|--|
| Age       | Mean: 50 (Range: 24-72)  |
| Race      | White: 15 (79%)<br>Asian: 1 (5%)<br>Other: 3 (16%)   |
| Ethnicity | Latinx: 4 (21%)<br>Non-Latinx: 14 (74%)<br>Did not respond: 1 (5%)   |
| Condition | Dystonia: 1 (5%)<br>Tourette's syndrome: 2 (11%)<br>Essential tremor: 3 (16%)<br>Obsessive-compulsive disorder: 5 (26%<br>Parkinson's disease: 8 (42%) |

#### **Measures and Procedure**

#### Procedure

Each participant completed a battery of questionnaires to assess personality, authenticity, risk-taking, and quality of life prior to DBS surgery and 6-months post-DBS surgery.

#### Personality (Mini-IPIP)

The Mini-IPIP is a 20-item inventory that assess the Big Five domains of personality (i.e., intellect/imagination or openness, conscientiousness, extraversion, agreeableness, and neuroticism. Items are rated on a five-point Likert scale, ranging from 1 ("Very inaccurate") to 5 ("Very accurate"). Items corresponding to each respective subscale are then summed by domain, with greater numbers indicating higher levels of that personality dimension.

#### Authenticity (Authenticity Scale)

The Authenticity Scale (AS) is a 12-item self-report measure designed to assess three dimensions of authenticity including: authentic living, accepting external influence, and self-alienation. Individual items are rated using a seven-point Likert scale ranging from 1 ("Does not describe me at all") to 7 ("Describes me very well"). Items are summed in their respective subscales, with greater numbers indicating greater levels of that dimension of authenticity.

#### Risk-taking (DOSPERT-30)

The DOSPERT is a 30-item inventory that assesses five domains of risk-taking behavior including ethical, financial, health and safety, recreational, and social risk-taking. Items are rated on a seven-point Likert scale from 1 ("Extremely unlikely") to 7 ("Extremely likely"). Individual items are then summed for each subscale, with higher numbers indicating greater propensity for risk-taking in each respective domain.

#### Quality of life (Q-LES-Q-SF)

The Q-LES-Q-SF is a 14-item inventory that assesses life enjoyment and satisfaction. Items are rated on a five-point Likert scale from 1 ("Very poor") to 5 ("Very good"). Quality of life scores are computed by summing the first 14 items.

# RESULTS

**Personality:** There were no significant changes with respect personality, with the exception of a *significant decrease in neuroticism* from pre-DBS (M = 10.63, SD = 3.35) to post-DBS (M = 9.21, SD = 2.97), t(18) = -2.37, p = .029, Hedge's g = -.53.

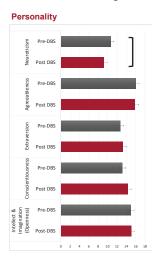
Authenticity: There were no significant changes in any dimension of authenticity.

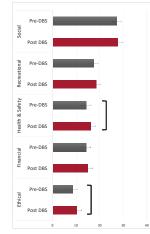
**Risk-taking**: There was a marginally significant increase in ethical risk-taking from pre-DBS (M = 8.47, SD = 2.11) to post-DBS (M = 10.26, SD = 3.53), t(18)= 2.14, p = .046, Hedge's g = .48, as well as risk-taking related to one's health and safety from pre-DBS (M = 14.32, SD = 5.61) to post-DBS (M = 16.26, SD = 6.99), t(18)= 2.19, p = .042, Hedge's g = .49. However, it is important to note that the post-DBS scores were still indicative of low levels of risk-taking.

**Quality of life:** There was a *significant increase in QoL* from pre- (*M* = 46.53, *SD* = 11.56) to post-DBS (*M* = 53.42, *SD* = 9.01), *t*(18)= 3.17, *p* = .005, Hedge's *g* = .71.

Pre- and Post-DBS Average Scores by Dimension

RESULTS, CONT.



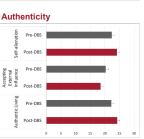


 Quality of Life
 Auth

 Pre-DBS
 Pre-DBS

 Prost-DBS
 Pre-DBS

 Post-DBS
 Pre-DBS



## CONCLUSION

- These findings illustrate that DBS had a positive influence on QoL and a smaller impact on other domains; particularly a mild improvement in neuroticism and a slight increase in risk taking. Though significant worsening was not encountered, DBS studies with larger sample sizes will be necessary to confirm these results.
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